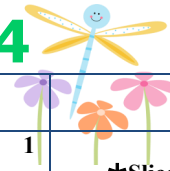






FAIRFIELD ELEMENTARY MENU – May 2014



WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	 Bagel Plate includes: Whole Grain Bagel, cream cheese cup, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit Cereal Plate includes: Whole Grain Cereal, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit			1 Boneless Chicken Wings (like nuggets) Sweet Potato Fries Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk	2 ★Slice of Cheese Pizza ❖Tossed Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	5 ★Pancakes w/syrup Chicken Sausage Apple Juice Vegetable Cup Choice Assorted Fruit Choice Milk	6 ★❖Macaroni & Cheese ❖Glazed Carrots Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	7 <u>Italian Dunkers</u> WW Garlic Breadstick ❖Hearty Meat Sauce ❖Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk	8 Nacho Scoops ❖Seasoned Meat Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk	9 ★Cheese Pizza ❖Romaine Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	12 Meatballs in ❖Sauce on Grinder Roll ❖Garden Salad w/Lite Dressing Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	13 Chicken Tenders Sweet Potato Fries Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk	14 ❖Hearty Vegetable Soup ★❖Toasted Cheese Sandwich on WW Bread Vegetable Cup Choice Assorted Fruit Choice Milk	15 ★❖WW Belgium Waffles w/syrup Chicken Sausage ❖Warm Apple Slices Vegetable Cup Choice Assorted Fruit Choice Milk	16 ★Deep Dish Pizza ❖Leafy Green Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	19 ★❖WW French Toast Sticks w/syrup Chicken Sausage Apple Juice Vegetable Cup Choice Assorted Fruit Choice Milk	20 Breaded Baked Chicken Sweet Potato Gems Broccoli Cuts Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	21 Meatballs in ❖Sauce on Grinder Roll ❖Garden Salad w/Lite Dressing Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	22 Nacho Scoops ❖Seasoned Meat Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk	23 ★Cheese Pizza ❖Tossed Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	26  Memorial DAY	27 Boneless Chicken Wings (like nuggets) Sweet Potato Fries Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk	28 ★WG Pancakes w/syrup Chicken Sausage Patties Apple Juice Vegetable Cup Choice Assorted Fruit Choice Milk	29 Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk	30 ★Personal Pizza ❖Romaine Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk

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Menu Subject to Change

❖ = indicates meals cooked from scratch

★ = indicates vegetarian meal

Elementary Lunch Price \$2.55

Milk \$.55

Bottled Water \$1.00

WW = Whole Wheat

WG = Whole Grain

All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus, Fresh fruit and Rainbow fruit tray