

August 2010

Dear Parents,

The United States Department of Agriculture has issued a rule that seeks to insure that students who are provided a substitute for cow's milk with their lunch receive the important nutrients found in milk. This rule recognizes the valuable contribution of milk to a child's diet and therefore, does not allow schools to offer other beverages as a milk substitute (i.e. juice or water). As a result, it is necessary to provide students who previously received juice as a substitute for milk, now receive a beverage nutritionally comparable to milk.

The Fairfield Public Schools Food and Nutrition Services Department will offer lactaid, which meets the USDA nutrition standards. It is now available in the cafeteria. The USDA recommends that lactose-free milk is the first choice for a student who has lactose intolerance.

Children who are non-disabled but have a medical or other special dietary need are affected by this rule.

Please contact the Food and Nutrition Services Department with any questions.

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Manager, Food & Nutrition Services