

# FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – June 2 - 6, 2014



	MONDAY <sup>2</sup>	TUESDAY <sup>3</sup>	WEDNESDAY <sup>4</sup>	THURSDAY <sup>5</sup>	FRIDAY <sup>6</sup>
<b>TRADITIONAL HOT LUNCH</b> <b>Also available daily:</b> Bagel/yogurt plate Cereal/yogurt plate  \$2.75 (middle schools) \$2.80 (high schools)	Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk 	Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk 	Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk 	Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk 	Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk 
<b>DELUXE MEAL</b>  <b>DELI BAR</b>  <b>CREATE YOUR OWN</b> \$3.85	<p style="text-align: center;"><u>Select One</u>                      Whole Grain White Kaiser Roll, Whole Grain White Bread, Rye, Wheat Sandwich Roll,                      Low Sodium Assorted Wraps</p> <p style="text-align: center;"><u>Select One Protein – 2oz</u>                      Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad,                      Chicken Salad, Provolone, Pepper Jack or American Cheese</p> <p style="text-align: center;"><u>Select From</u>                      Romaine or Spinach                      Cabbage, Tomato Slices, Shredded Carrots, Onions, Cucumbers, Fresh Red and Green Pepper Strips,                      Broccoli Florets, Chickpeas, Cucumbers, Celery, Coleslaw, Potato Salad, Kidney Beans</p> <p style="text-align: center;">Choice of fruit and veggie cup</p> <p style="text-align: center;">Choice of 1% or skim white milk or fat-free chocolate milk</p>				
<b>DELUXE MEAL</b> \$3.85	<p style="text-align: center;"><u>Monday, Wednesday, Friday – Deluxe Meal</u></p> <p style="text-align: center;"><u>Select One</u>                      Salmon, Tilapia, Spicy Chicken Patty, Pizza, Cheese Quesadilla</p> <p style="text-align: center;"><u>Select Two</u>                      Fresh Veggie Cup, Fresh Steamed Veggies, Potatoes, Fruit Choice</p> <p style="text-align: center;">Choice of 1% or skim white milk or fat-free chocolate milk</p>				
<b>SPECIALTY BAR</b> \$3.85	<p style="text-align: center;"><u>Tuesday and Thursday – Cook's Choice</u></p> <p style="text-align: center;"><u>Select One</u>                      Entree</p> <p style="text-align: center;"><u>Select Two</u>                      Side Dishes</p> <p style="text-align: center;">Choice of 1% or skim white milk or fat-free chocolate milk</p>				
<b>DELUXE MEAL GRAB AND GO</b> \$3.85	<p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of 1% or skim white milk or fat-free chocolate milk</p>				
<b>A LA CARTE</b> SALADS - \$2.25 8oz. SOUP - \$1.50	<p style="text-align: center;">Caesar Salad or Tossed Salad</p> <p style="text-align: center;">Soup of the Day</p>				
<b>A LA CARTE</b> Priced individually	<p style="text-align: center;">Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>				