

BOARD OF EDUCATION
FAIRFIELD PUBLIC SCHOOLS
FAIRFIELD, CT

Wellness Coalition Meeting

December 17, 2010

Board of Education Seminar Room

501 Kings Highway East
Fairfield, CT 06825

10:00 a.m. – 11:30 a.m.

Minutes

1. Committee Members Present: Lori Mediate, Michelle Stearns, Michelle McCabe, Sara Levy, Susan Bellissimo, Joann Fitzpatrick, Mary Hogue, David Abraham, Tom Cullen and Anna Cutaia-Leonard.
2. The meeting was called to order at 10:05 a.m.
3. Dave Abraham provided an update on the Kids marathon. The marathon can be characterized as an “accumulation run” where students log their running up through May 14th at which time they will then run their final mile at the gathering held at Fairfield Ludlowe High School. Susan Bellissimo shared that the PTAs are working on getting a running club started in every elementary school (some already have one at this time). Mr. Abraham and a team of teachers are working on the revision of the elementary physical education curriculum. The new curriculum will be presented to the Board of Education on April 12, 2011.
4. Items 3a and 3b were skipped.
5. The committee suggested that one means of monitoring the wellness policy is to survey parents to help understand the home school connection regarding the implementation and application of the wellness efforts of the district. Additionally, the committee will take sections of the policy in the future months and review implementation progress.
6. Mary Hogue asked how the emotional well being of a child fits into the work of this committee. After some discussion the committee agreed that the focus of their work was related to ‘the whole child as related to health, physical education and nutrition’.

7. Joann Fitzpatrick provided an overview of how government commodities work, how much we spend on commodities, what we have purchased and planned changes in purchasing. The first order for commodities will be submitted on February 4, 2011 and the second is due by May 9, 2011. Ms. Fitzpatrick will share the planned order at the next meeting. Ms. Fitzpatrick also shared the changes in the Reauthorization in the federal food regulations. Additionally, Food Services will also be looking for foods with 'cleaner labels' in the future.

Two samples of alternative food trays were shared. Ms. Fitzpatrick will investigate the costs involved with one of the non-Styrofoam trays.

8. The next meeting will be held on Friday, January 21, 2011 at 10:00 a.m.
9. The meeting adjourned at 11:40 a.m.