

BOARD OF EDUCATION
FAIRFIELD PUBLIC SCHOOLS
FAIRFIELD, CT

Wellness Coalition Meeting

February 18, 2011

Human Resources Conference Room

501 Kings Highway East
Fairfield, CT 06825

10:00 a.m. – 11:30 a.m.

Minutes

1. Committee Members Present: Lori Mediate, Michelle Stearns, Michelle McCabe, Sara Levy, Anne Tacke, Analiese McCay, Joann Fitzpatrick, David Abraham, Tom Cullen and Anna Cutaia-Leonard.
2. The meeting was called to order at 10:07 a.m.
3. Sara Levy shared that the Health Department is having a Pre-Diabetes Intervention Program starting on March 2.
4. Anna Cutaia-Leonard shared a tool that could be used for monitoring the implementation of the Fairfield Public Schools Wellness Policy. The tool has key components such as assessing the current status of the policy, developing a plan, monitoring the process, evaluating implementation and collecting data. The group will review it before the next meeting.
5. Joann Fitzpatrick shared a tray that will be used next year manufactured by Green Wave. The tray is compostable. This along with other factors will cause lunch prices to rise for the 2011-2012 school year. Ms. Fitzpatrick also reviewed the new Healthy, Hunger Free Food Act of 2010. The regulations for this Act are expected to be released by 2012. The recipe contest went well at Holland Hill. Students tasted a Kale Quinoa Quiche. The next sample day will be March 17 and students will have an opportunity to taste Irish Soda Bread. Sample stickers were shared which are being considered for use on sample days. The PTA Council will provide guidelines for parents who volunteer to encourage students to try foods on sample days.
6. The next meeting will be held on Friday, March 18, 2011 at 10:00 a.m.
7. The meeting adjourned at 11:35 a.m.