

BOARD OF EDUCATION
FAIRFIELD PUBLIC SCHOOLS
FAIRFIELD, CT

Wellness Coalition Meeting

March 18, 2011

Human Resources Conference Room

501 Kings Highway East
Fairfield, CT 06825

10:00 a.m. – 11:30 a.m.

Minutes

1. Committee Members Present: Lori Mediate, Michelle McCabe, Sara Levy, Anne Tacke, Analiese McCay, David Abraham, Marilyn Ricci, Susan Bellissimo, Tom Cullen and Anna Cutaia-Leonard.
2. The meeting was called to order at 10:12 a.m.
3. The committee discussed a wellness policy monitoring tool for the four areas of the policy: nutrition/health education, school meals, physical education/physical activity and communication/promotion. It was agreed that we would use the tool to establish current status of policy implementation. The committee members will highlight the 2-3 priorities in each area of the wellness to assess.
4. Lori Mediate shared the PTA support provided for the grade 3 nutrition lesson.
5. Tom Cullen shared that the following schools have approved gardens and have been issued a certificate: Dwight, Roger Ludlowe Middle, McKinley, North Stratfield, Sherman, Tomlinson Middle, Fairfield Woods and Jennings. Three schools are having soil testing done: Fairfield Ludlowe High, Alternative High School and Holland Hill.

Analiese McCay shared that there is some frustration with the paperwork process. Tom Cullen shared that these requirements were agreed upon with the Fairfield Health Department. It was agreed that a new format for the format would be explored while maintaining the content.

The hand sanitizer conversation will be moved to April.

6. Marilyn Ricci shared that the lunch tray replacement will occur at the beginning of next year.

Selection criteria for foods for sample day were discussed and include: non-familiar foods, foods that students would not normally choose, fruits/veggies/legumes, new recipes, and vegetarian entrees. Students must buy lunch to try to sample foods. There were a discussion that the whole meal should have a certain nutritional standard on sample days in order to encourage students to buy lunch that day.

7. The next meeting will be held on Friday, April 15, 2011 at 10:00 a.m.
8. The meeting adjourned at 11:40 a.m.