

BOARD OF EDUCATION
FAIRFIELD PUBLIC SCHOOLS
FAIRFIELD, CT

Wellness Coalition Meeting

November 4, 2011

Board of Education Conference Room
501 Kings Highway East
Fairfield, CT 06825

10:00 a.m. – 11:30 a.m.

Minutes

1. Committee members in attendance: Lori Mediate, Michelle McCabe, Sara Levy, Anne Tack, Analiese McCay, Joann Fitzpatrick, Susan Bellissimo, Tom Cullen and Anna Cutaia-Leonard.
2. The meeting was called to order at 10:05.
3. The chefs who completed in the Food Day Iron Chef competition were recognized.
4. Sara Levy distributed a document that summarized the collaborative efforts between Fairfield Public Schools and the community on nutrition education.
5. Tom Cullen and Analiese shared an update on the school gardens. Burr has a garden newly approved. Burr's harvest is going to help needy families. Anna Cutaia-Leonard reviewed the agreement that the gardens would be woven into the curriculum work as appropriate and as teachers expressed interest.

Susan Bellissimo shared information about programs related to bullying.

In Dave Abraham's place, Anna Cutaia-Leonard shared that Dave conducted a survey about what schools offer recess before lunch. He found that all schools offer recess before lunch with the exception of Stratfield. Dave and Anna will meet with Stratfield this spring to discuss the possibilities to making a change.

6. Michelle McCabe shared information about the afterschool Whole Foods program being conducted at some of our elementary schools. Students participate in making recipes using fresh seasonal vegetables. Michelle also shared that they are working with Operation Hope to develop a "Recipe in a Box" for families to use.

Michelle and Joann gave an update on the success of the Iron Chef Competition. Joann will be serving Cinch Burgers in December to Fairfield students. The recipe will go online.

Joann shared that sample day involved spaghetti squash. It will be served on November 16 with the turkey dinner on the menu. Joann also shared the November menu and meal counts from September and October.

7. The next meeting will be on Friday, December 2 at 10:00 a.m.
8. The meeting adjourned at 11:35 a.m.