

BOARD OF EDUCATION
FAIRFIELD PUBLIC SCHOOLS
FAIRFIELD, CT

*Wellness Policy Subcommittee
of the Wellness Coalition*

October 30, 2009

Superintendent's Conference Room
501 Kings Highway East
Fairfield, CT 06825

11:00 a.m. – 12:30 p.m.

Minutes

1. Committee members in attendance: Michelle McCabe, Anne Tack, Annaliese McCay, Lori Mediate, Dave Abraham, Joann Fitzpatrick, and Anna Cutaia-Leonard.
2. Anna Cutaia-Leonard reviewed the charge given to this subcommittee by the Wellness Coalition: *“to monitor the implementation of the Wellness Policy, evaluate the progress in implementing the policy and make recommendations to the Superintendent and Wellness Coalition.”*
3. Anna Cutaia-Leonard will be the Chair of the subcommittee. All members are contributors to the charge of the committee.
4. Three evaluation tools were considered: The School Health Index developed in part by the Centers for Disease Control and Prevention; the Wellness Policy Evaluation Checklist developed by the state of New Jersey; and the Action Guide for School Nutrition and Physical Activity Policies developed by the Connecticut State Department of Education. Michelle McCabe will be sharing a tool that New Haven uses in their school district. The committee decided to use the Monitoring and Policy Review questions in the Action Guide for School Nutrition and Physical Activity Policies as an initial evaluation of the wellness policy. This tool will then indicate those areas in which further analysis needs to be conducted at which time the School Health Index could be used.

5. The next meeting is on November 13 at 10:00 a.m. in the conference room in the Human Resources Department at the Central Office, 501 Kings Highway East, Fairfield.
6. The meeting was adjourned at 12:25 p.m.