

## . FAIRFIELD ELEMENTARY MENU — April 2013 . 🎎



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WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/WG Bread  *Cereal/Yogurt Plate (Available Mon, Fri)  *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)  Chef Salad/WG Bread  *Cereal/Yogurt Plate (Available Mon, Fri)  *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	WM Chicken Tenders Fresh Steamed Broccoli Sweet Potato Bites Vegetable Cup Choice Assorted Fruit Choice Milk  Meatballs on WW Grinder Roll Garlicky Green Beans Sweet Potato Wedge Vegetable Cup Choice Assorted Fruit Choice Milk	**Cheddar Quesadilla Tomato and Cucumber Salad Vegetable Cup Choice Assorted Fruit Choice Milk  9 **WG Macaroni & Cheese Romaine Salad Vegetable Cup Choice Assorted Fruit Choice Milk	*WM Chicken Parmesan *Sauce Fresh Spinach Salad *Garlic Mashed Potatoes Vegetable Cup Choice Assorted Fruit Choice Milk  10 Fish Nuggets w/Sweet Potato Breading Carrots WG Animal Crackers Vegetable Cup Choice Assorted Fruit Choice Milk	*Beefy Tacos *Corn and Black Beans Shredded cheese, lettuce, diced tomatoes Vegetable Cup Choice Assorted Fruit Choice Milk  *WG Pizza *Sauce Spinach Salad Vegetable Cup Choice Assorted Fruit Choice Milk	**WG French Toast Sticks W/Syrup Chicken Sausage Vegetable Cup Choice Assorted Fruit Choice Milk  12 Cooks Choice Vegetable Cup Choice Assorted Fruit Choice Milk
	15	fbring 6	Vacatio	18	19
Chef Salad/WG Bread  *Cereal/Yogurt Plate (Available Mon, Fri)  *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)  Chef Salad/WG Bread  *Cereal/Yogurt Plate (Available Mon, Fri)  *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	WG Boneless Chicken  Garlicky Green Beans Sweet Potato Bites Vegetable Cup Choice Assorted Fruit Choice Milk  WM Chicken Tenders Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk	*Baked Chicken in Fruit Sauce  *Garlic Mashed Potatoes Vegetable Cup Choice Assorted Fruit Choice Milk  *Baked Chicken in Fruit Sauce *Garlic Mashed Potatoes Vegetable Cup Choice Assorted Fruit Choice Milk	** Hearty Vegetable Soup  ** Grilled Cheese on  WW Bread  Vegetable Cup Choice  Assorted Fruit Choice  Milk	*Chicken Caesar Salad *Ranch Dressing WW Dinner Roll Vegetable Cup Choice Assorted Fruit Choice Milk  All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus Fresh fruit and Rainbow fruit tray	**WG Cheese Pizza *Sauce Romaine Salad Vegetable Cup Choice Assorted Fruit Choice Milk  Menu items in italics are recipes provided by Chef John Turenne

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Menu Subject to Change

❖ = indicates meals cooked from scratch ★ = indicates vegetarian meal

Elementary Lunch Price \$2.45

Milk \$.50 WG = Whole Grain Bottled Water \$1.00 WM = Whole Muscle