

February Bulletin Board

Lunch Accounts



Register on Mealpayplus and use features on their website at no charge. All you need is your child's student identification number. Call the food services department at 255-8370 if you need your child's ID number. On the website, you can receive low balance e-mail notifications for your child when your child's balance gets below a certain level and view purchase history. You can use the website even without making payments through the website.

www.mealpayplus.com



Banana Berry Pancakes

Pancakes:

1 large banana, peeled and sliced
1 c. complete pancake mix
 $\frac{1}{2}$ c. water
Nonstick cooking spray

Toppings:

1 $\frac{1}{2}$ c. fresh or frozen strawberries
(unsweetened)
2 Tbsp. strawberry jam

Pancake Preparation: Place banana in a medium bowl and mash with a fork. Add pancake mix and water; stir until blended. Spray a large skillet with nonstick cooking spray over MEDIUM heat. Pour $\frac{1}{4}$ cup batter for each pancake into hot skillet. Cook pancakes for about 2 minutes per side or until cooked through.

Topping Preparation: Place berries in a small bowl with jam. Microwave on HIGH for 1 minute. Stir, then cook for 1 minute more. Spoon topping over pancakes.

Recipe courtesy of Produce for Better Health Foundation

Free and Reduced Price Meal Applications

Free and Reduced Price Meal Applications can be completed at any time during the school year. To obtain a form, visit your child's school main office or you may print the form from our webpage. Our webpage address is listed below. To speed the processing of your application, please make sure all sections of the form are completed correctly. If you have any questions about the form, please contact the Food and Nutrition Services office at 203-255-8370.

Visit our new website at Fairfieldschools.org