



FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – February 14 – 18, 2011

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TRADITIONAL HOT LUNCH <u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate</p> <p>\$2.15 (middle schools) \$2.20 (high schools)</p>	Popcorn Chicken Sweet Potato Fries Carrot Raisin Salad Fruit Choice Milk	School Made Minestrone Soup Toasted Cheese Sandwich Wheat Bread Fruit Choice Milk	Roast Beef with Gravy Deli Roaster Potatoes Peas & Carrots Wheat Dinner Roll Fruit Choice Milk	Oven Easy Chicken Orange Rice Pilaf Golden Corn Niblets Whole Fruit Icy Milk	Bosco Pizza Zesty Green Beans Fruit Choice Milk

AVAILABLE MONDAY THROUGH FRIDAY	
<p>DELI BAR \$3.50</p>	<p style="text-align: center;"><u>Select One:</u> Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center;"><u>Select up to Three:</u> Lettuce & tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center;"><u>Served on your choice of:</u> Hard Roll, Grinder Roll, Portuguese Roll, Wheat, Rye, Pumpernickel, Marble, Deli Thins, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;"><u>Monday & Wednesday – Deluxe Meal</u></p> <p style="text-align: center;"><u>Select One:</u> Salmon, Macaroni & Cheese, Turkey w/Gravy on Hard Roll, Chicken Patty on Multigrain Roll, Pizza</p> <p style="text-align: center;"><u>Select Two:</u> Fresh Veggie Cup, Fresh Steamed Veggies, Potatoes, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>SPECIALTY BAR \$3.50</p>	<p style="text-align: center;"><u>Tuesday & Thursday – Breakfast Bar</u></p> <p style="text-align: center;"><u>Select One:</u> Egg & Cheese on English Muffin, Pancakes with Sausage, Waffle Sticks with Sausage</p> <p style="text-align: center;"><u>Select Two:</u> Hot Apple Topping, Fruit Juice, Potatoes, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;"><u>Friday – Cook's Choice</u></p> <p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>A LA CARTE SALADS \$2.00 SOUP - \$1.25</p>	<p style="text-align: center;">Caesar Salad or Tossed Salad Soup of the Day</p>
<p>A LA CARTE Priced individually</p>	Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages

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Menu subject to change