



FAIRFIELD ELEMENTARY MENU – February 2014



WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	Hot Dog on WW Roll Sweet Potato Fries ♦Baked Beans Vegetable Cup Choice Assorted Fruit Choice Milk	<u>Sample Day</u> <i>Swiss Cheese</i> <u>Italian Dunkers</u> WW Garlic Breadstick ♦Hearty Meat Sauce Romano Veggies Vegetable Cup Choice Assorted Fruit Choice Milk	★♦Macaroni & Cheese ♦Garlicky Green Beans Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	★♦WW French Toast w/syrup Chicken Sausage Vegetable Cup Choice Assorted Fruit Choice Milk	★Big Daddy Pizza ♦Tossed Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
	10	11	12	13	14
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	Hamburger on WW Roll <i>Swiss Cheese</i> ♦Spicy Fat Fries ♦Baked Beans Vegetable Cup Choice Assorted Fruit Choice Milk	 Nacho Scoops ♦Seasoned Meat Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk	★Pancakes w/syrup Chicken Sausage ♦Cinnamon Baked Apples Assorted Fruit Choice Milk	Chicken Tenders Brown Rice Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk	
	17	18	19	20	21
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)		Spaghetti & Meatballs ♦Tossed Salad w/Lite Dressing Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	♦Chicken Noodle Soup ★♦Toasted Cheese Sandwich on WW Bread Vegetable Cup Choice Assorted Fruit Choice Milk	★WG Belgian Waffles w/syrup Chicken Sausage Patties Vegetable Cup Choice Assorted Fruit Choice Milk	★Deep Dish Pizza ♦Spinach Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
	24	25	26	27	28
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	Boneless Chicken Wings (like nuggets) Krinkle Cut Potatoes Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk	Meatballs in ♦Sauce on Grinder Roll ♦Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk	Mozzarella Sticks ★♦Tomato Sauce ♦Tossed Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk	★Cheese Quesadilla Corn Niblets Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk	★Big Daddy Pizza ♦Romaine Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus Fresh fruit and Rainbow fruit tray				

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Menu Subject to Change

♦ = indicates meals cooked from scratch ★ = indicates vegetarian meal

Elementary Lunch Price \$2.55

WW = Whole Wheat

Milk \$.55

WG = Whole Grain

Bottled Water \$1.00

WM = Whole Muscle

Bagel Plate includes: Whole Grain Bagel, cream cheese cup, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

Cereal Plate includes: Whole Grain Cereal, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit