



FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – January 10 – 14, 2011

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TRADITIONAL HOT LUNCH <u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate</p> <p>\$2.15 (middle schools) \$2.20 (high schools)</p>	<p>2 Mini Burgers Seasoned Potato Sticks Fresh Baby Carrots Fruit Choice Milk</p>	<p>Orange Chicken School Made LoMein Fresh Veggie Cup Fruit Choice Milk</p>	<p>Pasta with Meat Sauce Garlic Breadstick Tossed Salad Lite Dressing Fruit Choice Milk</p>	<p><u>Taco Bar</u> Soft or Hard Shell Seasoned Beef Lettuce, Tomato, Salsa Brown Rice Fruit Choice Milk</p>	

AVAILABLE MONDAY THROUGH FRIDAY

<p>DELI BAR \$3.50</p>	<p style="text-align: center;"><u>Select One:</u> Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center;"><u>Select up to Three sides:</u> Lettuce & tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center;"><u>Served on your choice of:</u> Hard Roll, Grinder Roll, Portuguese Roll, Wheat, Rye, Pumpernickel, Marble, Deli Thins, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;"><u>Monday & Wednesday – Deluxe Meal</u></p> <p style="text-align: center;"><u>Select One:</u> Tilapia with Roll, Orange Chicken, Big Daddy Pizza, Hamburger on Roll, Salmon</p> <p style="text-align: center;"><u>Select Two sides:</u> Lo Mein, Mashed Potatoes, Fresh Veggie Cup, Fresh Steamed Veggies, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>SPECIALTY BAR \$3.50</p>	<p style="text-align: center;"><u>Tuesday & Thursday – Soup & Sandwich Bar</u></p> <p style="text-align: center;"><u>Soups - Select One:</u> Chicken Noodle, Minestrone, Tomato</p> <p style="text-align: center;"><u>Sandwich - Select One:</u> Roast Beef with Gravy, Grilled Cheese, Grilled Ham & Cheese</p> <p style="text-align: center;"><u>Select Two sides:</u> Fresh Veggie Cup, Fresh Steamed Veggies, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;"><u>Friday – Cook’s Choice</u></p> <p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>A LA CARTE SALADS \$2.00 SOUP - \$1.25</p>	<p style="text-align: center;">Caesar Salad or Tossed Salad Soup of the Day</p>
<p>A LA CARTE Priced individually</p>	<p style="text-align: center;">Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Menu subject to change