

# FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – January 17 – 21, 2011



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TRADITIONAL HOT LUNCH</b> <u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate  \$2.15 (middle schools) \$2.20 (high schools)	SCHOOLS CLOSED  MARTIN LUTHER KING JR. DAY	Big Daddy Pizza Fresh Broccoli Fruit Choice Milk	Grape Juice French Toast Sticks Sausage Links Warm Spiced Apples Milk	Mozzarella Sticks Pineapple Cole Slaw Fruit Choice Milk	Asian BBQ Chicken Orange Rice Pilaf Fresh Baby Carrots Whole Fruit Icy Milk

## AVAILABLE MONDAY THROUGH FRIDAY

<b>DELI BAR</b> \$3.50	<p style="text-align: center;"><u>Select One:</u>                      Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center;"><u>Select up to Three sides:</u>                      Lettuce &amp; tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center;"><u>Served on your choice of:</u>                      Hard Roll, Grinder Roll, Portuguese Roll, Wheat, Rye, Pumpernickel, Marble, Deli Thins, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat or skim milk</p>
<b>DELUXE MEAL</b> \$3.50	<p style="text-align: center;"><u>Monday &amp; Wednesday – Deluxe Meal</u></p> <p style="text-align: center;"><u>Select One:</u>                      Tilapia with Roll, Orange Chicken, Big Daddy Pizza, Hamburger on Roll, Salmon</p> <p style="text-align: center;"><u>Select Two sides:</u>                      Lo Mein, Mashed Potatoes, Fresh Veggie Cup, Fresh Steamed Veggies, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<b>SPECIALTY BAR</b> \$3.50	<p style="text-align: center;"><u>Tuesday &amp; Thursday – Soup &amp; Sandwich Bar</u></p> <p style="text-align: center;"><u>Soups - Select One:</u>                      Chicken Noodle, Minestrone, Tomato</p> <p style="text-align: center;"><u>Sandwich - Select One:</u>                      Roast Beef with Gravy, Grilled Cheese, Grilled Ham &amp; Cheese</p> <p style="text-align: center;"><u>Select Two sides:</u>                      Fresh Veggie Cup, Fresh Steamed Veggies, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<b>DELUXE MEAL</b> \$3.50	<p style="text-align: center;"><u>Friday – Cook’s Choice</u></p> <p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<b>A LA CARTE SALADS \$2.00</b> <b>SOUP - \$1.25</b>	<p style="text-align: center;">Caesar Salad or Tossed Salad</p> <p style="text-align: center;">Soup of the Day</p>
<b>A LA CARTE</b> Priced individually	<p style="text-align: center;">Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Menu subject to change