



January

FAIRFIELD ELEMENTARY MENU

WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/Bread Tuna Sandwich Cereal/Yogurt Plate Bagel/Yogurt Plate	3 Cheesy Bread Tomato Sauce Fresh Steamed Broccoli Fruit Choice/Milk	4 Nacho Scoops Seasoned Beef Mexicali Veggies Fruit Choice Milk	5 Asian BBQ Chicken Our Own Lo Mein Oriental Blend Veggies Fruit Choice Milk	6 Sloppy Joe on Wheat Hamburger Roll Zesty Green Beans Fruit Choice Milk	7 Oven Easy Chicken Mediterranean Linguini with Basil & Tomatoes Tossed Salad Fruit Choice/Milk
Chef Salad/Bread Turkey Sandwich Cereal/Yogurt Plate Bagel/Yogurt Plate	10 2 Mini Burgers Seasoned Potato Sticks Fresh Baby Carrots Fruit Choice Milk	11 Orange Chicken School Made LoMein Fresh Veggie Cup Fruit Choice Milk	12 Pasta with Meat Sauce Garlic Breadstick Tossed Salad Lite Dressing Fruit Choice/Milk	13 <u>Taco Bar</u> Soft or Hard Shell Seasoned Beef Lettuce, Tomato, Salsa Brown Rice Fruit Choice/Milk	
Chef Salad/Bread Ham Sandwich Cereal/Yogurt Plate Bagel/Yogurt Plate	17 SCHOOLS CLOSED MARTIN LUTHER KING JR. DAY	18 Big Daddy Pizza Fresh Broccoli Fruit Choice Milk	19 Grape Juice French Toast Sticks Sausage Links Warm Spiced Apples Milk	20 Mozzarella Sticks Pineapple Cole Slaw Fruit Choice Milk	21 Asian BBQ Chicken Orange Rice Pilaf Fresh Baby Carrots Whole Fruit Icy Milk
Chef Salad/Bread Turkey Sandwich Cereal/Yogurt Plate Bagel/Yogurt Plate	24 Hamburger on Wheat Roll Sweet Potato Fries Fresh Veggies Fruit Choice/Milk	25 3 Mozzarella Sticks Chunky Vegetarian Chili Wheat Dinner Roll Fruit Choice Milk	26 Lasagna with Beef Garlic Breadstick Tossed Salad Lite Dressing Fruit Choice/Milk	27 <u>Sample Day</u> Chilled Juice Chicken Nuggets Brown Rice Fruit Choice/Milk *Sample: Snap Peas*	28 Deep Dish Pizza Fresh Steamed Broccoli Fruit Choice Milk
Chef Salad/Bread Tuna Sandwich Cereal/Yogurt Plate Bagel/Yogurt Plate	31 Pizza Dippers Sauce for Dunking Tossed Salad Lite Dressing Fruit Choice/Milk		Bagel/Yogurt Plate includes: Wheat Bagel, Cream Cheese, Yogurt, String Cheese, Fruit, Veggie, Milk	Cereal/Yogurt Plate includes: Cereal, Yogurt, String Cheese, Fruit, Veggie, Milk	Each Meal Includes Choice of: Vegetables: Veggie of the Day or Fresh Veggie Cup with Dip Fruit: Fresh, Dried Fruit, Canned in Lite Syrup or 100% Fruit Juice Milk: 1% Low Fat, Low Fat Chocolate, Non-Fat (Skim)

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