

FAIRFIELD ELEMENTARY MENU – June 2013

WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/WG Bread *Cereal/Yogurt Plate (Available Mon, Fri) *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus Fresh fruit and Rainbow fruit tray				<i>Menu items in italics are recipes provided by Chef John Turenne</i>
Chef Salad/WG Bread *Cereal/Yogurt Plate (Available Mon, Fri) *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	3 ♦Roasted Chicken Strips ♦Lo Mein Oriental Vegetables Vegetable Cup Choice Assorted Fruit Choice Milk	4 *♦Baked Macaroni & Cheese Garden Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk	5 <u>Italian Dunkers</u> WW Garlic Breadstick ♦ <i>Hearty Meat Sauce</i> Broccoli Vegetable Cup Choice Assorted Fruit Choice Milk	6 Frankfurter on WW Bun Sweet Potato Fries Vegetable Cup Choice Assorted Fruit Choice Milk	7 ♦WG Cheese Pizza ♦ <i>Sauce</i> Fresh Steamed Squash Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread *Cereal/Yogurt Plate (Available Mon, Fri) *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	10 Hamburger on WW Roll ♦ <i>Garlicky Green Beans</i> Vegetable Cup Choice Assorted Fruit Choice Milk	11 ♦Honey Lemon Chicken *♦ <i>Spicy Fat Fries</i> Baby Carrots Vegetable Cup Choice Assorted Fruit Choice Milk	12 *♦Minestrone Soup *♦Grilled Cheese on WW Bread Vegetable Cup Choice Assorted Fruit Choice Milk	13 WM Chicken Patty on WW Roll Golden Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk	14 ♦WG Cheese Pizza ♦Tomato & Cucumber Salad Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread *Cereal/Yogurt Plate (Available Mon, Fri) *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	17 Chef's Choice Vegetable Cup Choice Assorted Fruit Choice Milk	18 *♦WG French Toast Sticks w/Syrup Chicken Sausage Hot Apple Slices Vegetable Cup Choice Assorted Fruit Choice Milk	19 WM Chicken Parmesan Pasta and ♦ <i>Sauce</i> Spinach Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk	20 Breaded Mozzarella Sticks ♦ <i>Sauce</i> ♦ <i>Garlicky Green Beans</i> Vegetable Cup Choice Assorted Fruit Choice Milk	21 *♦WG Cheese Pizza Sweet Potato Wedges Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread *Cereal/Yogurt Plate (Available Mon, Fri) *Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	24 Chef's Choice Vegetable Cup Choice Assorted Fruit Choice Milk	25 Chef's Choice Vegetable Cup Choice Assorted Fruit Choice Milk	26 1/2 Day NO LUNCH SERVICE	27 1/2 Day NO LUNCH SERVICE	28 

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Menu Subject to Change

♦ = indicates meals cooked from scratch * = indicates vegetarian meal

Bagel Plate includes: Whole Grain Bagel, cream cheese cup, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

Cereal Plate includes: Whole Grain Cereal, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

Elementary Lunch Price \$2.45

WW = Whole Wheat

Milk \$.50

WG = Whole Grain

Bottled Water \$1.00

WM = Whole Muscle