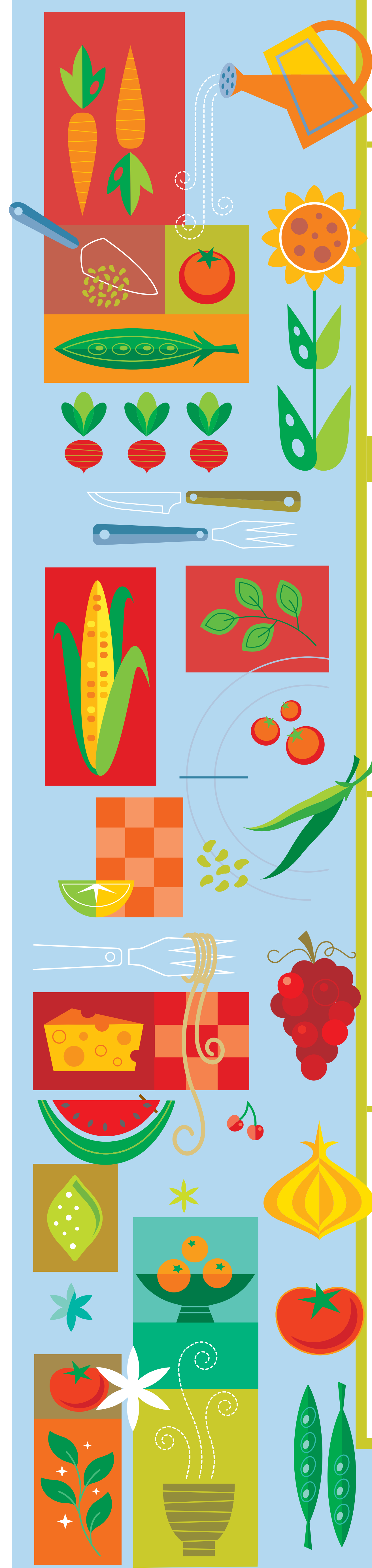
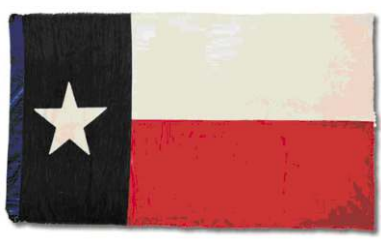
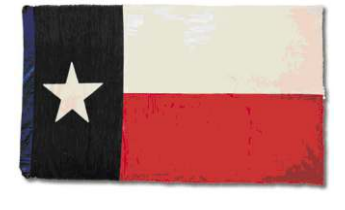









National Nutrition Month



Weekly Alternates	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/ Bread Roast Beef Sandwich Cereal/ Yogurt Plate Bagel/ Yogurt Plate	175th Anniversary of Texas Independence  Texas Independence Day celebrates the declaration of independence that separated Texas from Mexico in 1836. For nearly 10 years after that, Texas was its own nation until it was eventually brought into the American Union.	1 Chicken Patty on Wheat Roll Whipped Potato/Gravy Fresh Veggies Fruit Choice Milk	2  Taco Bar Soft or Hard Shell Seasoned Beef Lettuce, Tomato, Salsa Corn Niblets Fruit Choice/Milk	3 Asian BBQ Chicken Orange Rice Pilaf Fresh Baby Carrots Fruit Choice Milk	4 Hamburger on Wheat Roll Lower Sodium Potato Sticks Zesty Green Beans Fruit Choice Milk
Chef Salad/ Bread Turkey Sandwich Cereal/ Yogurt Plate Bagel/ Yogurt Plate	7 Rice Bowl Brown Rice Popcorn Chicken Oriental Veggies Mandarin Oranges Milk	8  MARDI GRAS Sloppy Joe on Wheat Roll Oven Potatoes Zesty Green Beans Fruit Choice Milk	9 Cheesy Bread Tomato Sauce Fresh Veggies Fruit Choice Milk	10 2 Mini Burgers on Rolls Smiley Potatoes Baby Carrots Fruit Choice Milk	11 Flatbread Pizza Tossed Salad Lite Dressing Fruit Choice Milk
National School Breakfast Week					
Chef Salad/ Bread Ham Sandwich Cereal/ Yogurt Plate Bagel/ Yogurt Plate	14  International Ask a Question Day	15 Our Own Made Macaroni and Cheese Honey Glazed Carrots Fruit Choice Milk	16 Salad Bar Mixed Greens Cut Fresh Veggies Turkey, Ham or Cheese Lite Dressing Goldfish Pretzels Milk	17  St. Patrick's Day Baked Chicken Nuggets Sweet Potato Fries Zesty Green Beans Fruit Choice Milk Sample:  Irish Soda Bread	18 Pizza Wedge Pineapple Coleslaw Fruit Choice Milk
Chef Salad/ Bread Tuna Sandwich Cereal/ Yogurt Plate Bagel/ Yogurt Plate	21  National French Bread Day	22 Our Own Made Minestrone Soup Toasted Cheese on Wheat Bread Fruit Choice Milk	23 Chicken Parmesan Whole Grain Pasta Fresh Veggie Cup Fruit Choice Milk	24  Orange Juice French Toast Sticks with Syrup Sausage Links Warm Spiced Apples Milk	25 Bosco Pizza Tossed Salad Lite Dressing Fruit Choice Milk
Chef Salad/ Bread Roast Beef Sandwich Cereal/ Yogurt Plate Bagel/ Yogurt Plate	28 Pizza Dippers Tomato Sauce Broccoli Cuts Fruit Choice Milk	29 Oven Easy Chicken Mediterranean Linguine with Basil and Tomatoes Tossed Salad Fruit Choice Milk	30 Cook's Choice Posted at Each School	31 Popcorn Chicken Deli Roaster Potatoes Fresh Veggie Cup Fruit Choice Milk	 Tuskegee Airmen Activated: 70th Anniversary The WWII African-American aviator unit was activated as the 99th Pursuit Squadron on March 24, 1941. On escort missions, they were the only unit that never lost a US bomber. They shot down 111 enemy planes and destroyed 273 planes on the ground.