






# FAIRFIELD ELEMENTARY MENU – March 2014

WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chef Salad/WG Bread</p> <p>★Cereal/Yogurt Plate (Available Mon, Fri)</p> <p>★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</p>	<p>3</p> <p>★Pancakes w/syrup Chicken Sausage Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>4</p> <p>Breaded Baked Chicken ❖Mashed Potato ❖Glazed Carrots Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>5</p> <p>★❖Macaroni &amp; Cheese ❖Garlicky Green Beans Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>6</p> <p>Nacho Scoops ❖Seasoned Meat Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>7</p> <p>★Big Daddy Pizza ❖Romaine Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk</p>
<p>Chef Salad/WG Bread</p> <p>★Cereal/Yogurt Plate (Available Mon, Fri)</p> <p>★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</p>	<p>10</p> <p>Hamburger on WW Roll Sweet Potato Gems Broccoli Cuts Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>11</p> <p><u>Sample Day</u> <i>Pineapple</i> ★❖WW French Toast w/syrup Chicken Sausage Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>12</p> <p><u>Italian Dunkers</u> WW Garlic Breadstick ❖Hearty Meat Sauce ❖Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>13</p> <p>Mozzarella Sticks ★❖Tomato Sauce for dipping ❖Glazed Carrots Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>14</p> <p>★French Bread Pizza ❖Spinach Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk</p>
<p>Chef Salad/WG Bread</p> <p>★Cereal/Yogurt Plate (Available Mon, Fri)</p> <p>★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</p>	<p>17</p> <p> Chicken Tenders Sweet Potato Fries Broccoli Vegetable Cup Choice Assorted Fruit Choice Milk</p> <p><i>St. Patrick's Day</i></p>	<p>18</p> <p>Nacho Scoops ❖Seasoned Meat Corn Niblets Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>19</p> <p><u>Italian Dunkers</u> WW Garlic Breadstick ❖Hearty Meat Sauce ❖Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>20</p> <p>★WG Belgian Waffles w/syrup <i>Pineapple</i> Chicken Sausage Patties Vegetable Cup Choice Assorted Fruit Choice Milk</p> <p><i>SPRING</i></p>	<p>21</p> <p>★Deep Dish Pizza ❖Tossed Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk</p>
<p>Chef Salad/WG Bread</p> <p>★Cereal/Yogurt Plate (Available Mon, Fri)</p> <p>★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</p>	<p>24</p> <p>Meatballs in ❖Sauce on Grinder Roll ❖Romaine Salad w/Lite Dressing Icy Juicy Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>25</p> <p>★Pancakes w/syrup Chicken Sausage Apple Juice Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>26</p> <p>Hot Dog on WW Roll Oven Fries ❖Baked Beans Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>27</p> <p>❖Chicken Noodle Soup ★❖Toasted Cheese Sandwich on WW Bread Vegetable Cup Choice Assorted Fruit Choice Milk</p>	<p>28</p> <p>★Big Daddy Pizza ❖Garden Salad w/Lite Dressing Vegetable Cup Choice Assorted Fruit Choice Milk</p>
<p>Chef Salad/WG Bread</p> <p>★Cereal/Yogurt Plate (Available Mon, Fri)</p> <p>★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</p>	<p>31</p> <p>Cook's Choice Vegetable Cup Choice Assorted Fruit Choice Milk</p>				

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Menu Subject to Change

❖ = indicates meals cooked from scratch    ★ = indicates vegetarian meal

Elementary Lunch Price \$2.55

Milk \$.55

Bottled Water \$1.00

Bagel Plate includes: Whole Grain Bagel, cream cheese cup, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

WW = Whole Wheat

WG = Whole Grain

WM = Whole Muscle

Cereal Plate includes: Whole Grain Cereal, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

*All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus, Fresh fruit and Rainbow fruit tray*