

## Basic American Foods

Natures Own®

Nature's Own® Potato Pearls® Premium Mashed Potatoes, 10/29.3z pouch



GTIN: 10011140101691  
 MFR Product Number: 10169  
 Serving Size: 1/2 c (4 fl oz) prepared  
 Servings Per Case: 370  
 Storage Temperature: 80F  
 Shelf Life: 9 months  
 Child Nutrition Label (Y/N): No

## General Description

Taste how good easy can be. Just a bite of these rich, buttery mashed potatoes tells you - easy really can taste great! Made from an exclusive process that locks in the fresh harvest flavor and natural texture of 100% select russets, new Nature's Own® Premium Mashed Potatoes have the perfect blend of seasonings to give you made-from-scratch flavor and texture in no time.

## List Of Ingredients

Potatoes, partially hydrogenated coconut oil, salt, sodium caseinate, artificial flavor [contains natural butter flavor (cream and milkfat)], mono and diglycerides, artificial color, DATEM. Freshness preserved with sodium bisulfite and BHT. CONTAINS MILK INGREDIENTS.

## Nutritional Information

## Nutrition Facts

Serving Size: 1/2 c (4 fl oz) prepared  
 Servings Per Container: 370

Amount per Serving

Calories: 80      Calories from Fat: 14

% Daily Value\*

Total Fat: 1.5 g      2 %

Saturated Fat: 1.4 g      7 %

Trans Fat: 0 g

Cholesterol: 0 mg      0 %

Sodium: 404 mg      17 %

Total Carbohydrate: 15 g      5 %

Dietary Fiber: 1.4 g      6 %

Sugars: 0.3 g

Protein: 1.8 g

Vitamin A: 0 %      Vitamin C: 8 %

Calcium: 1 %      Iron: 2 %

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Kosher: YES- OU /DAIRY

Serving Size for Nutrients: 113g

Household Serving Size: 4

Measure: OZ FL