

Meatless Chili

Yield: 50 6 oz servings

INGREDIENTS	50 SERVINGS		SERVINGS		DIRECTIONS
	WEIGHT	MEASURE	WEIGHT	MEASURE	
Celery, fresh	2 lbs				1. Clean celery, onion, pepper. Dice celery, chop onions and pepper. 2. Sauté vegetables in oil until tender.
Onions, fresh	2 lbs				
Green Pepper	¾ lb				
Vegetable oil					
Kidney Beans, canned	2 - #10 cans				3. Drain beans and corn, save liquid.
Corn, canned (or frozen equivalent)	½ - #10 can				
Tomato puree	1&1/3 #10 can				4. Mix tomato puree with corn and beans. 5. Add sautéed vegetables to corn and beans.
Black pepper		1 ¼ tsp			6. Stir in ½ quart of reserved liquid. 7. Add seasonings.
Sugar		¼ cup			
Chili Powder		1/3 cup			
Cumin		1 tsp			
Cheddar Cheese, low fat, shredded		3 ¼ lbs			8. Heat thoroughly 9. Add 1 oz cheese on top of bowl a serving.

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