## NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul> <li>Chef Salad/ WG Bread</li> <li>*Cereal/Yogurt Plate (Available Mon, Fri)</li> <li>*Bagel/Yogurt Plate (Available Tues, Wed, Thurs)</li> </ul>	4 oz. Lowfat Hummu Cereal Plate Inc String C E <b>‡ Indica</b>	2.45 or	ggie Cup with Sh Fruit Lowfat Yogurt, nmus or t Scratch	1 FUN Salad Bar Lots of Vegetables Choice of One: Turkey, Egg, Tuna, Cheese Whole Grain Bagel Assorted Fruit Choice Icy Juicy Milk	2 <sup>‡</sup> Pizza Burger on Whole Wheat Roll Sweet Potato Bites Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/ WG Bread	5	6 Election Day	7	8 Sample Day kalechips!	9 *+WC Choose Dizzo

