



# FAIRFIELD SECONDARY SCHOOLS LUNCH MENU

## November 22-26, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TRADITIONAL HOT LUNCH</b> <u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate  \$2.15 (middle schools) \$2.20 (high schools)	Chicken Nuggets Brown Rice Spiced Red Cabbage Fruit Choice Milk	<u>Holiday Dinner</u> Roast Turkey/Gravy Vegetable Sage Stuffing Apple Glaze Sweet Potato Butternut Squash Milk	No lunch Served   Early Dismissal	<b>Thanksgiving Recess</b>	

AVAILABLE MONDAY THROUGH WEDNESDAY	
<b>DELI BAR</b> \$3.50	<p style="text-align: center; color: red;"><u>Select One:</u></p> <p style="text-align: center;">Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center; color: red;"><u>Select up to Three sides:</u></p> <p style="text-align: center;">Lettuce &amp; tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center; color: red;"><u>Served on your choice of:</u></p> <p style="text-align: center;">Hard Roll, Grinder Roll, Portuguese Roll, Wheat, Rye, Pumpernickel, Marble, Deli Thins, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat or skim milk</p>
<b>DELUXE MEAL</b> \$3.50	<p style="text-align: center; color: purple;"><u>Monday &amp; Tuesday – Deluxe Meal</u></p> <p style="text-align: center; color: red;"><u>Select One:</u></p> <p style="text-align: center;">Calzone, Salmon with Roll, Spicy Chicken Patty</p> <p style="text-align: center; color: red;"><u>Select Two sides:</u></p> <p style="text-align: center;">Coleslaw, Fresh Veggie Cup, Fresh Steamed Veggies, Potato, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<b>SPECIALTY BAR</b> \$3.50	No Specialty Bar this week due to Thanksgiving Recess
<b>DELUXE MEAL</b> \$3.50	<p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<b>A LA CARTE SALADS \$2.00</b> <b>SOUP - \$1.25</b>	<p style="text-align: center;">Caesar Salad or Tossed Salad</p> <p style="text-align: center;">Soup of the Day</p>
<b>A LA CARTE</b> <b>Priced individually</b>	Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages

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