



NOVEMBER

MONDAY

1

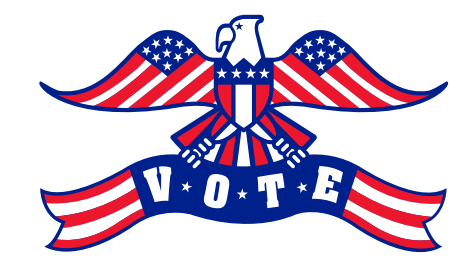


CHEF SALAD/BREAD
HAM SANDWICH
CEREAL/YOGURT PLATE
BAGEL/YOGURT PLATE

Chicken Patty
on Whole Wheat Roll
Fresh Veggies
Lite Dip
Fresh Fruit
Milk

TUESDAY

2



ELECTION DAY
NO SCHOOL

WEDNESDAY

3

NATIONAL SANDWICH DAY



Fish Nugget with
Macaroni and Cheese
Broccoli Trees
Rosy Red Apple
Milk

THURSDAY

4

Rice Bowl
Brown Rice
General Tso Chicken
Oriental Veggies
Mandarin Oranges
Milk

FRIDAY

5

Big Daddy Pizza
Zesty Green Beans
Fruit Choice
Milk

8

CHEF SALAD/BREAD
ROAST BEEF SANDWICH
CEREAL/YOGURT PLATE
BAGEL/YOGURT PLATE

School Made
Minestrone Soup
Toasted Cheese
on Whole Wheat
Fresh Fruit
Milk

9

Meatballs in Sauce
on Grinder Roll
Garden Salad
Lite Dressing
Whole Fruit Icy Cup
Milk

10

Popcorn Chicken
Brown Rice
Sweet 'N Sour Beets
Fruit Choice
Milk

11

VETERAN'S DAY



12

Pizza Dippers
Fresh Veggies
Lite Dip
Fruit Choice
Milk

15

CHEF SALAD/BREAD
TURKEY SANDWICH
CEREAL/YOGURT PLATE
BAGEL/YOGURT PLATE

Hamburger on
Whole Wheat Roll
Sweet Potato Fries
Fresh Veggies
Fruit Choices
Milk

16

Chunky Vegetarian Chili
3 Mozzarella Sticks
Whole Wheat Dinner Roll
Fruit Choice
Milk

17

Lasagna with Beef
Garlic Wheat Breadstick
Tossed Salad
Oil & Vinegar
Fruit Choice
Milk

18

Breaded Baked Chicken
Roasted Root Veggies
Wheat Dinner Roll
Fruit Choice
Milk

19

Cheesy Bread
Pineapple Cole Slaw
Fruit Choice
Milk

22

CHEF SALAD/BREAD
TUNA SANDWICH
CEREAL/YOGURT PLATE
BAGEL/YOGURT PLATE

Chicken Nuggets
Brown Rice
Spiced Red Cabbage
Fruit Choice
Milk

23

HOLIDAY DINNER
ROAST TURKEY
GRAVY
VEGETABLE SAGE
DRESSING
APPLE GLAZE
SWEET POTATO
BUTTERNUT SQUASH
MILK

24

Wheat Breadstick
Hearty Meat Sauce
for Dunking
Fresh Steamed Veggies
Fruit Choice
Milk

25



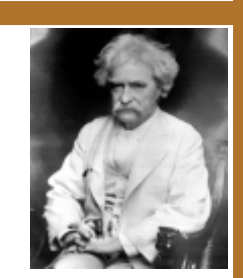
26

29

CHEF SALAD/BREAD
HAM SANDWICH
CEREAL/YOGURT PLATE
BAGEL/YOGURT PLATE

Mozzy Sticks
Tomato Sauce
Fresh Steamed Broccoli
Rosy Red Apple
Milk

30

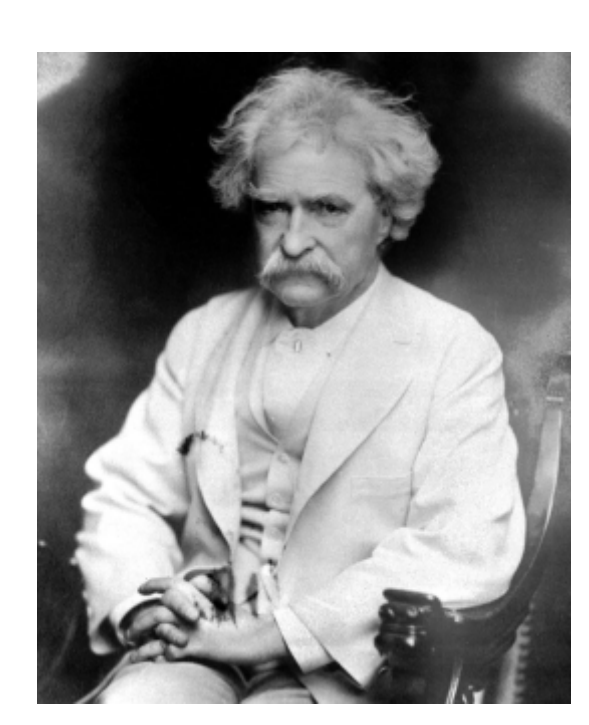


Mediterranean Linguine
with Basil and Tomatoes
Oven Easy Chicken
Tossed Salad
Fresh Fruit
Milk

Anniversary of the Opening of the New White House



On November 1, 1800, President John Adams and his family moved into the newly completed White House in Washington, DC, the nation's new capital.



Mark Twain's 175th Birth Anniversary

Samuel Langhorne Clemens, better known as Mark Twain, was born on Nov. 30, 1835. He worked as a river pilot and fell in love with the Mississippi River. His pen name comes from the mark on a line to measure the water depth of two fathoms, a safe depth for steamboats.

EACH MEAL INCLUDES CHOICE OF:
VEGETABLES:
VEGGIE OF THE DAY OR
FRESH VEGGIE CUP WITH DIP
FRUIT: FRESH, DRIED FRUIT, CANNED IN LITE SYRUP OR 100% FRUIT JUICE
MILK: 1% LOW FAT, LOW FAT CHOCOLATE, NON-FAT (SKIM)

BAGEL/YOGURT PLATE INCLUDES:
WHEAT BAGEL, CREAM CHEESE, YOGURT, STRING CHEESE, FRUIT, VEGGIE, MILK

CEREAL/YOGURT PLATE INCLUDES:
CEREAL, YOGURT, STRING CHEESE, FRUIT, VEGGIE, MILK

MENU SUBJECT TO CHANGE

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FAIRFIELD ELEMENTARY LUNCH MENU