



FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – November 8 - 12, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TRADITIONAL HOT LUNCH <u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate</p> <p>\$2.15 (middle schools) \$2.20 (high schools)</p>	School Made Minestrone Soup Toasted Cheese On Whole Wheat Fresh Fruit Milk	Meatballs in Sauce On Grinder Roll Garden Salad Lite Dressing Whole Fruit Icy Milk	Popcorn Chicken Brown Rice Sweet-n-Sour Beets Fruit Choice Milk	<p style="font-size: 2em; color: green; margin: 0;">VETERANS'</p> <p style="font-size: 2em; color: green; margin: 0;">DAY</p>	Pizza Dippers Fresh Veggies Lite Dip Fruit Choice Milk

AVAILABLE MONDAY THROUGH FRIDAY	
<p>DELI BAR \$3.50</p>	<p style="text-align: center; color: red;"><u>Select One:</u></p> <p style="text-align: center;">Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center; color: red;"><u>Select up to Three sides:</u></p> <p style="text-align: center;">Lettuce & tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center; color: red;"><u>Served on your choice of:</u></p> <p style="text-align: center;">Hard Roll, Grinder Roll, Portuguese Roll, Wheat, Rye, Pumpernickel, Marble, Deli Thins, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center; color: green;"><u>Monday, Tuesday & Friday – Deluxe Meal</u></p> <p style="text-align: center; color: red;"><u>Select One:</u></p> <p style="text-align: center;">Big Daddy Pizza, Chicken Patty on Roll, Salmon with Roll</p> <p style="text-align: center; color: red;"><u>Select Two sides:</u></p> <p style="text-align: center;">Coleslaw, Fresh Veggie Cup, Fresh Steamed Veggies, Potato, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>SPECIALTY BAR \$3.50</p>	<p style="text-align: center; color: green;"><u>Wednesday – Breakfast Bar</u></p> <p style="text-align: center; color: red;"><u>Select One:</u></p> <p style="text-align: center;">Egg & Cheese on English Muffin, Pancakes with Sausage, Waffle Sticks with Sausage</p> <p style="text-align: center; color: red;"><u>Select Two:</u></p> <p style="text-align: center;">Hot Apple Topping, Fruit Juice, Potato Puffs, Fruit Choice</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;">Yogurt Parfait or Chef Salad</p> <p style="text-align: center;">Choice of low-fat or skim milk</p>
<p>A LA CARTE SALADS \$2.00 SOUP - \$1.25</p>	<p style="text-align: center;">Caesar Salad or Tossed Salad</p> <p style="text-align: center;">Soup of the Day</p>
<p>A LA CARTE Priced individually</p>	<p>Bagel, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>

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