



INGREDIENTS AND NUTRITION FACTS –
Delicious Essential Reduced Fat 51% Whole Grain Cookies

Chocolate Chip 1.5 oz. (55680)

Ingredients: Whole Wheat Flour, Sugar, Enriched Flour (Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Invert Sugar, Soybean Oil, Eggs, Water, Shortening (Canola Oil, Palm Oil, Palm Kernel Oil), Molasses, Maltodextrin, Baking Soda, Natural and Artificial Flavors, Lecithin, Salt, Sodium Stearoyl Lactylate, DATEM, Sodium Aluminum Phosphate.

Contains: Wheat, Soybeans and Eggs

Nutrition Facts	
Serving Size 1.5 oz. (43g)	
Servings Per Container	
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Amount Per Serving	
Calories 170	Calories from Fat 50
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	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Potassium 70mg	2%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	7%
Sugars 14g	
Protein 2g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 8%
Thiamin 6%	• Riboflavin 4%
Niacin 4%	• Folate 4%
Phosphorus 6%	• Magnesium 4%
Zinc 0%	
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	