






**September**  
 Menu subject to change without notice  
**National Piano Month**

| Weekly Alternates  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |  |
|--|--|--|---|---|---|--|
| Chef Salad/Bread<br>Cereal/Yogurt Plate<br>Bagel/Yogurt Plate                        | <br><b>American Girl Dolls Debut: 25th Anniversary</b><br>The American Girl Dolls were first born in 1986 as a series of books, dolls, clothes and accessories centered on nine year old fictional characters from different times in history. The first three dolls were Kirsten, from 1854, Samantha, from 1904, and Molly, from 1944. Since the debut on September 15, 1986, more than 132 million American Girl books and 18 million dolls have been sold. |  | Each Meal Includes Choice of:<br>Vegetables: Veggie of the Day or Fresh Veggie Cup with Dip<br>Fruit: Fresh, Dried Fruit, Canned in Lite Syrup or 100% Fruit Juice<br>Milk: 1% Low Fat, Low Fat Chocolate, Non-Fat Skim<br><b>Bagel/Yogurt Plate Includes:</b><br>Wheat Bagel, Cream Cheese, Yogurt, String Cheese, Fruit, Veggie, Milk<br><b>Cereal/Yogurt Plate Includes:</b><br>Cereal, Yogurt, String Cheese, Fruit, Veggie, Milk |   | <b>1</b><br>Deep Dish Pizza<br>Fresh Steamed Broccoli<br>Fruit Choice<br>Milk                         | <b>2</b><br>Rice Bowl<br>Popcorn Chicken<br>Brown Rice<br>Oriental Veggies<br>Mandarin Oranges<br>Milk |
| Chef Salad/Bread<br>Tuna Sandwich<br>Cereal/Yogurt Plate<br>Bagel/Yogurt Plate       | <b>5</b><br><b>Labor Day</b><br>  | <b>6</b><br>Calzone with Tomato Sauce<br>Fresh Steamed Spinach<br>Fruit Choice<br>Milk                   | <b>7</b><br>National Acorn Squash Day    | <b>8</b><br>Oven Easy Chicken<br>Orange Rice Pilaf<br>Golden Corn Niblets<br>Fruit Choice<br>Milk   | <b>9</b><br>Big Daddy Pizza<br>Pineapple Cole Slaw<br>Fruit Choice<br>Milk                            |  |
| Chef Salad/Bread<br>Ham Sandwich<br>Cereal/Yogurt Plate<br>Bagel/Yogurt Plate        | <b>12</b><br>Chicken Parmesan<br>Side of Penne<br>Italian Blend Veggies<br>Fruit Choice<br>Milk  | <b>13</b><br>Our Own Made Pizza<br>Burger on Wheat Hamburger Roll<br>Fresh Veggies<br>Icy Juice<br>Milk  | <b>14</b><br>4 oz. Orange Juice<br>French Toast Sticks with Syrup<br>Sausage Links<br>Warm Sliced Apples<br>Milk  | <b>15</b><br><br><b>Salad Bar</b><br>Mixed Greens<br>Cut Fresh Veggies<br>Turkey, Ham, Cheese<br>Goldfish Pretzels<br>Milk | <b>16</b><br>Bosco Pizza<br>Carrot Raisin Salad<br>Fruit Choice<br>Milk                               |  |
| Chef Salad/Bread<br>Roast Beef Sandwich<br>Cereal/Yogurt Plate<br>Bagel/Yogurt Plate | <b>19</b><br>International Talk Like a Pirate Day<br><br>Meatballs in Sauce on Grinder Roll<br>Pineapple Cole Slaw<br>Fruit Choice<br>Milk  | <b>20</b><br>Our Own Made Cheddar Quesadilla<br>Tossed Salad<br>Fruit Choice<br>Milk                     | <b>21</b><br>School Made Mock Pizza<br>Zesty Green Beans<br>Icy Juice<br>Milk   | <b>22</b><br>Chicken Nuggets<br>Our Own Lo Mein<br>Oriental Veggies<br>Mandarin Oranges<br>Milk   | <b>23</b><br>Macaroni and Cheese<br>Tossed Salad<br>Lite Dressing<br>Fruit Choice<br>Milk             |  |
| Chef Salad/Bread<br>Turkey Sandwich<br>Cereal/Yogurt Plate<br>Bagel/Yogurt Plate     | <b>26</b><br>Flatbread Pizza<br>Fresh Steamed Broccoli<br>Fruit Choice<br>Milk   | <b>27</b><br>4 oz. Apple Juice<br>Belgian Waffle Sticks with Syrup<br>Sausage Links<br>Fruit Choice/Milk | <b>28</b><br>School Made Corn Chowder<br>Toasted Cheese Sandwich<br>Fresh Baby Carrots<br>Fruit Choice/Milk   | <b>29</b><br><b>Rosh Hashanah</b>   | <b>30</b><br>Breaded Chicken<br>Deli Roaster Potatoes<br>Honey Glazed Carrots<br>Fruit Choice<br>Milk |  |

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