



FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – **SEPTEMBER 2 – 3, 2010**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TRADITIONAL HOT LUNCH</p> <p><u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate</p> <p>\$2.15 (middle schools) \$2.20 (high schools)</p>	Welcome Back!			<p>BBQ Chicken Orange Rice Pilaf Mexicali Corn Fruit Choice Milk</p>	<p>Deep Dish Pizza Fresh Steamed Broccoli Fruit Choice Milk</p>

AVAILABLE MONDAY THROUGH FRIDAY	
<p>DELI BAR \$3.50</p>	<p style="text-align: center;"><u>Select One:</u> Turkey Breast, Smoked Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p style="text-align: center;"><u>Select up to 3 sides:</u> Lettuce & tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p style="text-align: center;"><u>Served on your choice of:</u> Hard Roll, Wheat, Rye, Pumpernickel, Marble, Assorted Wraps</p> <p style="text-align: center;">Choice of fruit and low-fat milk</p>
<p>DELUXE MEAL \$3.50</p>	<p style="text-align: center;"><u>Select One:</u> Tilapia with Multigrain Roll, Chef Salad, Chicken Caesar Salad, Assorted Wraps, Spicy Chicken on Multigrain Roll, Hamburger on Multigrain Roll, French Bread Pizza, Yogurt Parfait</p> <p style="text-align: center;"><u>Select up to 3 sides:</u> Sautéed Mushroom, Sautéed Onions, Lettuce & Tomato, Cheese, Potato, Baby Carrots, Coleslaw</p> <p style="text-align: center;">Choice of fruit and low-fat milk</p>
<p>A LA CARTE Priced individually</p>	<p style="text-align: center;">Bagel with Cream Cheese, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>
<p>A LA CARTE SALADS \$2.00</p>	<p style="text-align: center;">Caesar Salad or Tossed Salad</p>
<p>A LA CARTE SOUP – 8oz. \$1.25</p>	<p style="text-align: center;">Chicken Noodle Soup</p>

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