



# FAIRFIELD SECONDARY SCHOOLS LUNCH MENU – **SEPTEMBER 6 – 10, 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>TRADITIONAL HOT LUNCH</b></p> <p><u>Also available daily:</u> Bagel/yogurt plate Cereal/yogurt plate</p> <p><b>\$2.15 (middle schools)</b> <b>\$2.20 (high schools)</b></p>	<p style="font-size: 2em; color: green;"><b>Labor Day</b></p>	<p>Crustless Broccoli Quiche Wheat Dinner Roll Tossed Salad Oil &amp; Vinegar Dressing Fruit Choice Milk</p>	<p>Whole Grain Rotini With Meat Sauce Spinach Salad With Shredded Carrots, Cabbage and Raisins Fruit Choice Milk</p>	<p style="font-size: 2em; color: green;"><b>Rosh Hashanah</b></p>
		<p>Pizza Wedge Fresh Veggies Fruit Choice Milk</p>		

AVAILABLE MONDAY THROUGH FRIDAY	
<p><b>DELI BAR</b> \$3.50</p>	<p><b><u>Select One:</u></b> Turkey Breast, Lower Sodium Ham, Deluxe Roast Beef, Buffalo Chicken, Tuna, Egg Salad, Chicken Salad, Cheese</p> <p><b><u>Select up to 3 sides:</u></b> Lettuce &amp; tomato, Coleslaw, Baby Carrots, Onions, Cucumbers, Fresh Pepper Strips</p> <p><b><u>Served on your choice of:</u></b> Hard Roll, Wheat, Rye, Pumpernickel, Marble, Assorted Wraps</p> <p>Choice of fruit and low-fat milk</p>
<p><b>DELUXE MEAL</b> \$3.50</p>	<p><b><u>Select One:</u></b> Chef Salad, Chicken Caesar Salad, Assorted Wraps, Yogurt Parfait, Spicy Chicken on Multigrain Roll, Hamburger on Multigrain Roll, French Bread Pizza, Grilled Fish on Multigrain Roll</p> <p><b><u>Select up to 3 sides:</u></b> Sautéed Mushroom, Sautéed Onions, Lettuce &amp; Tomato, Cheese, Potato, Baby Carrots, Coleslaw</p> <p>Choice of fruit and low-fat milk</p>
<p><b>A LA CARTE</b> Priced individually</p>	<p>Bagel with Cream Cheese, Yogurt, String Cheese, Cereal, Snacks, Ice Cream, Beverages</p>
<p><b>A LA CARTE SALADS</b> \$2.00</p>	<p>Caesar Salad or Tossed Salad</p>
<p><b>A LA CARTE SOUP – 8oz.</b> \$1.25</p>	<p>Chicken Noodle Soup</p>

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