

FAIRFIELD ELEMENTARY MENU – /

WEEKLY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	All meals served with: Choice of 1% or skim white milk or fat free chocolate milk. Available daily: Fresh veggies cups/hummus Fresh fruit and Rainbow fruit tray			29 ★WG Cheese Pizza Fresh Steamed Broccoli Vegetable Cup Choice Assorted Fruit Choice Milk	30 ★❖WG French Toast Chicken Sausage Hot Apple Slices Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	2 	3 WM/WG Chicken Tenders ❖Garlicky Green Beans Vegetable Cup Choice Assorted Fruit Choice Milk	4 ❖WG Beef Burrito Lettuce, Tomato & Salsa Vegetable Cup Choice Assorted Fruit Choice Milk	5 	6 <u>Sample Day</u> <i>Edamame</i> ★WG French Bread Pizza Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	9 Hamburger on WW Roll ❖Baked Beans Vegetable Cup Choice Assorted Fruit Choice Milk	10 WM/WG Chicken Patty on WW Roll Corn on the Cob Vegetable Cup Choice Assorted Fruit Choice Milk	11 ★❖Hearty Vegetable Soup ★❖Toasted Cheese on WG Bread Vegetable Cup Choice Assorted Fruit Choice Milk	12 ❖Tangy Taco Meat w/Nacho Scoops ❖Corn & Black Beans Shredded Cheese, Lettuce, Diced Tomatoes Vegetable Cup Choice Assorted Fruit Choice Milk	13 ❖Honey Lemon Chicken ❖Garlic Smashed Potatoes Fresh Steamed Squash WW Dinner Roll Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	16 ❖Penne Primavera w/Chicken & Fresh Veggies Vegetable Cup Choice Assorted Fruit Choice Milk	17 ❖Meatballs in our own ❖Sauce WG Grinder Roll Vegetable Cup Choice Assorted Fruit Choice Milk	18 ❖WM/WG Chicken Parmesan ❖WG Spaghetti w/Sauce Spinach Salad Vegetable Cup Choice Assorted Fruit Choice Milk	19 ❖Cheddar Quesadilla Tomato & Cucumber Salad Vegetable Cup Choice Assorted Fruit Choice Milk	20 ★Big Daddy WG Cheese Pizza Sweet Potato Bites Vegetable Cup Choice Assorted Fruit Choice Milk
Chef Salad/WG Bread ★Cereal/Yogurt Plate (Available Mon, Fri) ★Bagel/Yogurt Plate (Available Tues, Wed, Thurs)	23 <u>Rice Bowl</u> ❖Sweet & Sour Chicken Brown Rice Oriental Vegetables Vegetable Cup Choice Assorted Fruit Choice Milk	24 ❖Baked Macaroni & Cheese Garden Salad Vegetable Cup Choice Assorted Fruit Choice Milk	25 Hot Dog on WW Bun Sweet Potato Bites Vegetable Cup Choice Assorted Fruit Choice Milk	26 Breaded Chicken w/Brown Rice <i>Edamame</i> Vegetable Cup Choice Assorted Fruit Choice Milk	27 ❖WG Cheese Pizza ❖Honey Glazed Carrots Vegetable Cup Choice Assorted Fruit Choice Milk

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Menu Subject to Change

Elementary Lunch Price \$2.55

Milk \$.55

Bottled Water \$1.00

❖ = indicates meals cooked from scratch ★ = indicates vegetarian meal

WW = Whole Wheat

WG = Whole Grain

WM = Whole Muscle

Bagel Plate includes: Whole Grain Bagel, cream cheese cup, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit

Cereal Plate includes: Whole Grain Cereal, 4oz. lowfat yogurt, string cheese, fresh veggie cup with hummus or daily veggie offering, fresh fruit