



#31529 – White Whole Wheat Breadsticks

Nutrition Facts	
Serving Size 1 Breadstick (43g)	
Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 5
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	
Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, UNBLEACHED UNBROMATED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), HONEY, YEAST, SALT, DOUGH CONDITIONERS (MONO & DIGLYCERIDES, DATEM, L-CYSTEINE, ASCORBIC ACID, ENZYMES), MODIFIED FOOD STARCH, FAVA BEAN FLOUR, FLAVOR (NATURAL FLAVOR, MODIFIED VEGETABLE GUM, HYDROLYZED STARCH, MALTODEXTRIN), MALTED BARLEY FLOUR, DEXTROSE, RYE FLOUR.

CONTAINS: WHEAT