

# DECEMBER

## Weekly Alternates

- Chef Salad/Bread
- Ham Sandwich
- Cereal/Yogurt Plate
- Bagel/Yogurt Plate

menu subject to change

## MONDAY



### Emily Dickinson 180th Birth Anniversary

One of America's greatest poets, Emily Dickinson was born in Amherst, MA on December 10, 1830. Only seven of her poems were published during her life, but after her death her sister, Lavinia, discovered almost 2,000 more poems locked in her dresser. They were published gradually over 50 years, beginning in 1890.

## TUESDAY

1

- 2 Mini Burgers with Roll
- Lower Sodium Potato Sticks
- Fresh Baby Carrots
- Fruit Choice
- Milk

## THURSDAY

2

- Baked Chicken Nuggets
- Brown Rice
- Corn and Carrots
- Fruit Choice
- Milk

## FRIDAY

3

- Galaxy Pizza
- Zesty Green Beans
- Fruit Choice
- Milk

6

- Chef Salad/Bread
- Turkey Sandwich
- Cereal/Yogurt Plate
- Bagel/Yogurt Plate

- Cheese Quesadilla
- Corn off the Cob
- Fresh Veggies
- Fruit Choice
- Milk

7

### Pearl Harbor Day



- Breaded Baked Chicken
- Smiley Potatoes
- Fresh Steamed Spinach
- Wheat Dinner Roll
- Fruit Choice
- Milk

8

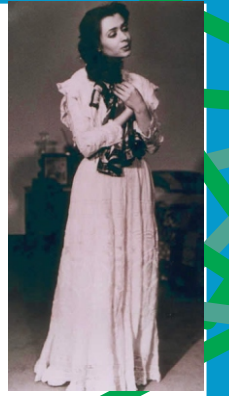
- Meatballs in Sauce on Grinder Roll
- Pineapple Coleslaw
- Fruit Choice
- Milk

9

- Salad Bar
- Mixed Greens
- Cut Fresh Veggies
- Turkey, Ham or Cheese
- Lite Dressing
- Goldfish Pretzels
- Milk

10

- Macaroni & Cheese with Fish Nuggets
- Broccoli Trees
- Fruit Choice
- Milk



13

### Violin Day



- Chef Salad/Bread
- Tuna Sandwich
- Cereal/Yogurt Plate
- Bagel/Yogurt Plate

- Bosco Pizza
- Fresh Veggies
- Lite Dip
- Fruit Choice
- Milk

14

- Inside Out Chicken Pot Pie
- Chicken & Veggies in Gravy over Biscuit
- Mashed Potatoes
- Whole Fruit Icy
- Milk

15

- Whole Grain Rotini
- Our Own Made Meat Sauce
- Garden Salad
- Lite Dressing
- Fruit Choice
- Milk

16

- Rice Bowl
- Brown Rice
- Popcorn Chicken
- Oriental Veggies
- Mandarin Oranges
- Milk

17



### Maple Syrup Day

- Nacho Scoops
- Seasoned Beef
- Mexicali Veggies
- Fruit Choice
- Milk

20

- Chef Salad/Bread
- Assorted Sandwiches
- Cereal/Yogurt Plate
- Bagel/Yogurt Plate

- 100% Orange Juice
- Whole Grain French Toast Sticks
- Sausage Links
- Warm Spiced Apples
- Milk

21

- Holiday Dinner
- Chicken Cordon Bleu
- Deli Roaster Potatoes
- Peas & Carrots
- Wheat Roll
- Reduced Fat Sugar Cookie/Milk

22

- Soup & Sandwich
- School Made Minestrone
- Toasted Cheese on Wheat Bread
- Fresh Veggies
- Whole Fruit Icy
- Milk

23

- Big Daddy Pizza
- Fresh Steamed Broccoli
- Fruit Choice
- Milk

24

Happy Holidays!