



SELF-SERVE BOWL

# Golden Grahams<sup>®</sup>

cereal<sup>®</sup>

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Serv. Size 1 bowl (28g) (3/4 cup) <b>Calories</b> 110 Fat Cal. 10	<b>Total Fat</b> 1g	<b>2%</b>	<b>Potassium</b> 55mg
Sat. Fat 0g		<b>0%</b>	<b>Total Carb.</b> 24g	<b>8%</b>
Trans Fat 0g			Dietary Fiber 1g	<b>4%</b>
<b>Cholest.</b> 0mg		<b>0%</b>	Sugars 9g	
<b>Sodium</b> 220mg		<b>9%</b>	<b>Protein</b> 1g	
<small>*Percent Daily Values (DV) are based on a 2,000 calorie diet.</small>				

Ingredients: Whole Grain Wheat, Sugar, Corn Meal, Brown Sugar Syrup, Canola and/or Rice Bran Oil, Dextrose, Baking Soda, Salt, Trisodium Phosphate, Artificial Flavor. BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B<sub>6</sub> (pyridoxine hydrochloride), Vitamin B<sub>2</sub> (riboflavin), Vitamin B<sub>1</sub> (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B<sub>12</sub>, Vitamin D<sub>3</sub>.

CONTAINS WHEAT INGREDIENTS.

DISTRIBUTED BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA

CHILD NUTRITION PROGRAM: 1 BOWLPAK = 1 BREAD EQUIVALENT

COMMENTS? SAVE ENTIRE PACKAGE. CALL 1-800-767-5404.



NET WT 1 OZ (28g)

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