



SELF-SERVE BOWL

KiX

Kid-Tested
Mother-Approved®

CRISPY CORN PUFFS

made with
All Natural Corn

Nutrition Facts

Serv. Size 1 bowl
(17g) (¼ cup)

Calories 60
Fat Cal. 0

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 0.5g	1%	Potassium 35mg	1%
Sat. Fat 0g	0%	Total Carb. 15g	5%
Trans Fat 0g		Dietary Fiber 2g	6%
Cholest. 0mg	0%	Sugars 2g	
Sodium 100mg	4%	Protein 1g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 6% • Vitamin C 6% • Calcium 8% • Iron 25% •
Vitamin D 4% • Thiamin 10% • Riboflavin 10% • Niacin 10% •
Vitamin B₆ 10% • Folic Acid 25% • Vitamin B₁₂ 10% • Zinc 10%

Ingredients: Whole Grain Corn, Corn Meal, Sugar, Corn Bran, Salt, Brown Sugar Syrup, Trisodium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₂ (riboflavin), Vitamin B₁ (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B₁₂, Vitamin D₃.

DISTRIBUTED BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
CHILD NUTRITION PROGRAM: 1 BOWLPAK = 1 BREAD EQUIVALENT
COMMENTS? SAVE ENTIRE PACKAGE. CALL 1-800-767-5404.

May be mfg. under U.S. Pat. Nos. 5,523,109; 6,152,021;
6,167,798; 6,189,439 & 6,767,198



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NET WT 5/8 OZ (17g)