

Kellogg's



LIGHTLY SWEETENED WHOLE GRAIN CEREAL

Nutrition Facts		Amount/Serving	%DV*	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size	1 Container (28g)	Total Fat 0g	0%	Cholest. 0mg	0%	Dietary Fiber 3g	12%
Calories	100	Sat. Fat 0g	0%	Sodium 0mg	0%	Sugars 6g	
Calories from Fat	0	Trans Fat 0g		Total Carb. 24g	8%	Protein 3g	
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A	0%	Vitamin C	0%	Calcium	0%
		Thiamin	10%	Riboflavin	10%	Niacin	10%
		Folic Acid	10%	Vitamin B ₁₂	10%	Zinc	4%
						Iron	40%
						Vitamin B ₆	10%

INGREDIENTS: WHOLE GRAIN WHEAT, SUGAR, CONTAINS 2% OR LESS OF BROWN RICE SYRUP, GELATIN.
 VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), ZINC OXIDE, FOLIC ACID, VITAMIN B₁₂.
 CONTAINS WHEAT INGREDIENTS.

Distributed by Kellogg Sales Co.
 Battle Creek, MI 49016 USA
 ©, TM, © 2011 Kellogg NA Co.

CHILD NUTRITION PROGRAM:
 1 BOWL = 1 BREAD EQUIVALENT

PULL-UP TAB

NET WT 1 OZ (28g)



0 38000 04961 3
 K 112381 020 NLI# 07969

Consumers: Visit Kelloggs.com or call 1-800-962-1413