



SELF-SERVE BOWL

Gluten Free!

Simply Nutritious Rice Chex
Oven Toasted Rice Cereal

Nutrition Facts	Amount/Serving	% DV*	Amount/Serving	% DV*
	Serv. Size 1 bowl (19g) Calories 70 Fat Cal. 0	Total Fat 0g	0%	Potassium 30mg
	Sat. Fat 0g	0%	Total Carb. 16g	5%
	Trans Fat 0g		Dietary Fiber < 1g	3%
	Cholest. 0mg	0%	Sugars 2g	
	Sodium 170mg	7%	Protein 1g	
	Vitamin A 6% • Vitamin C 6% • Calcium 6% • Iron 30% • Vitamin D 6% • Thiamin 15% • Riboflavin 15% • Niacin 15% • Vitamin B ₆ 15% • Folic Acid 30% • Vitamin B ₁₂ 15% • Zinc 15%			

Ingredients: Whole Grain Rice, Rice, Sugar, Salt, Molasses. Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₂ (riboflavin), Vitamin B₁ (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B₁₂, Vitamin D₃.

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CHILD NUTRITION PROGRAM: 1 BOWLPAK = 1 BREAD EQUIVALENT
COMMENTS? SAVE ENTIRE PACKAGE. CALL 1-800-767-5404.
May be mfg. under U.S. Pat. No. 6,210,720



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NET WT 11/16 OZ (19g)