

Nutritional Label

71330-61329 STR 1
FS 100% WHOLE WHEAT 28 OZ

Nutrition Facts	
Serving Size 1 slice (28g)	
Servings Per Container 28	
Amount Per Serving	
Calories 70	Calories from Fat 10
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
Thiamin 4%	Riboflavin 0%
Niacin 4%	Folic Acid 2%
*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 * Carbohydrate 4 * Protein 4	

WHOLE WHEAT FLOUR, WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN AND/OR CANOLA OIL, SALT, MONOGLYCERIDES, CALCIUM PROPIONATE (PRESERVATIVE), ETHOXYLATED MONO- AND DIGLYCERIDES, DATEM, CALCIUM SULFATE, **SOY LECITHIN**, CITRIC ACID, SODIUM STEAROYL LACTYLATE, AZODICARBONAMIDE.

1 LB 12 OZ (794g) / PC# 5195 / FSUS05-61329-10 / KOSHER: KOF K PARVE / R10-259