

Pork & Beef Bologna

Nutrition Facts

Serv size 2 oz (56g)
 Servings varied

Calories 150
 Fat cal 120

*Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 13 g	21 %	Sodium 530 mg	22 %
Sat fat 4.5 g	22 %	Total carb 1 g	0 %
Monounsaturated fat 6 g		Fiber 0 g	0 %
Polyunsaturated fat 1 g		Sugars 1 g	
Cholesterol 35 mg	11 %	Protein 7 g	14 %
Vitamin A 0%		Vitamin C 0%	
		Calcium 0%	
		Iron 4%	

Pure Bologna: Pork, water, beef, salt, less than 1.5% of dextrose, sugar, sodium phosphate, paprika, sodium erythorbate, flavorings, monosodium glutamate and sodium nitrite