

20 LBS.

7420



**WHOLE KERNEL CORN  
20 LB NET WEIGHT**

**DISTRIBUTED BY  
ENDICO POTATOES, INC.  
BOISE, IDAHO 83701  
PRODUCT OF USA**



**Nutrition Facts**

Serving Size 2/3 Cup (93g)  
Servings Per Container about 98

| Amount Per Serving            |                     |
|-------------------------------|---------------------|
| <b>Calories 70</b>            | Calories from Fat 5 |
| <b>% Daily Value*</b>         |                     |
| <b>Total Fat 0.5g</b>         | <b>1%</b>           |
| Saturated Fat 0g              | 0%                  |
| Trans Fat 0g                  |                     |
| <b>Cholesterol 0mg</b>        | <b>0%</b>           |
| <b>Sodium 45mg</b>            | <b>2%</b>           |
| <b>Potassium 210mg</b>        | <b>6%</b>           |
| <b>Total Carbohydrate 20g</b> | <b>7%</b>           |
| Dietary Fiber 3g              | 13%                 |
| Sugars 2g                     |                     |

**Protein 3g**

|              |   |              |
|--------------|---|--------------|
| Vitamin A 0% | • | Vitamin C 8% |
| Calcium 0%   | • | Iron 8%      |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                     | Calories: | 2,000   | 2,500   |
|---------------------|-----------|---------|---------|
| Total Fat           | Less than | 65g     | 80g     |
| Sat Fat             | Less than | 20g     | 25g     |
| Cholesterol         | Less than | 300mg   | 300mg   |
| Sodium              | Less than | 2,400mg | 2,400mg |
| Potassium           |           | 3,500mg | 3,500mg |
| Total Carbohydrates |           | 300g    | 375g    |
| Dietary Fiber       |           | 25g     | 30g     |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS: CUT CORN**