

**Branded Deluxe Ham - 42% Lower Sodium ♦+**

**Nutrition Facts**

Serv size 2 oz (56g)

Servings varied

Calories 60

Fat cal 10

Amount/serving	% DV*	Amount/serving	% DV*
<b>Total Fat</b> 1 g	<b>2%</b>	<b>Sodium</b> 460 mg	<b>19%</b>
Sat fat 0 g	0%	Potassium 100 mg	3%
<i>Trans</i> fat 0 g		<b>Total carb</b> 2 g	<b>1%</b>
Monounsaturat fat 0 g		Fiber 0 g	0%
Polysaturat fat 0 g		Sugars 2 g	
<b>Cholest</b> 25 mg	<b>8%</b>	<b>Protein</b> 10 g	<b>20%</b>

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

**Lower Sodium Ham:** Cured with water, salt, sugar, dextrose, contains less than 2% of sodium phosphate, sodium erythorbate and sodium nitrite