

Deluxe Cap-Off Top Round - Low Sodium

Nutrition Facts

Serv size 2 oz (56g)
 Servings varied

Calories 80
 Fat cal 20

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 2.5 g	4%	Sodium 80 mg	3%
Sat fat 1 g	5%	Total carb <small>LESS THAN</small> 1 g	0%
Monounsaturat fat 1 g		Fiber 0 g	0%
Polyunsaturat fat 0 g		Sugars 0 g	
Cholest 30 mg	10%	Protein 15 g	30%
Vitamin A 0%		Vitamin C 0%	
		Calcium 0%	
		Iron 8%	

Deluxe Roast Beef: Coated with salt, pepper and garlic