

16 WHEAT HOT DOG ROLLS

Nutrition Facts

Serving Size 1 roll (50g)
Servings Per Container 16

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 270mg 11%

Total Carbohydrate 25g 8%

Dietary Fiber 2g 8%

Sugars 5g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 8%

Thiamin 10% • Riboflavin 4%

Niacin 8% • Folic Acid 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, MOLASSES, SALT, MONOGLYCERIDES, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, GRAIN VINEGAR, MONOCALCIUM PHOSPHATE, DATEM, SOY LECITHIN, SOY FLOUR.

CHAS. FREIHOFER BAKING CO., INC.
HORSHAM, PA 19044
www.freihofers.com
1-800-984-0989
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