Freihofer's

HAMBURGER BUNS

Nutrition Facts

Serving Size 1 bun (43g)
Servings Per Container 16

Amount Per Serving	
Calories 120	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 4g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% • Iron 8%	
Thiamin 10% • Riboflavin 6%	
Niacin 6% • Folic Acid 10%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, SOYBEAN OIL, SALT, WHEAT GLUTEN, CALCIUM PROPIONATE (PRESERVATIVE), MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, MONOCALCIUM PHOSPHATE, GRAIN VINEGAR, CALCIUM SULFATE, SOY LECITHIN, SESAME SEEDS.

Freihofer's rich flavor. . . what better way
your favorite hamburger!

Wholesome ingredients and Freihofer's
quality produces a bun that is moist and d
will stand up to any sandwich. So fill the
favorite cold cuts or hot sandwich, add
toppings, and take a big, mouth-wate

Your whole family will enjoy Freihofer's
so try all our great-tasting varieties – Ori
and Potato Hamburger Buns and C
New England Style and Potato Hot D

Since breads are part of the foundation of
fat diet, barbecue time, sandwich time, or
right time for Freihofer's buns an

PROOF OF PURCHASE

0 71330 60282 0

CHAS. FREIHOFER BAKING CO., INC.
General Offices: P.O. Box 625, Totowa, NJ 07511-0625

We are committed to providing you with quality products and services.