

Nutrition Label

71673-03956 STR
 BAKER'S TOUCH MULTI GRAIN SANDWICH ROLLS

Nutrition Facts			
Serving Size (100g)			
Amount Per Serving			
Calories 280	Calories from Fat 25		
% Daily Value*			
Total Fat 3g	5%		
Saturated Fat 0.5g	3%		
Cholesterol 0mg	0%		
Sodium 600mg	21%		
Total Carbohydrate 63g	18%		
Dietary Fiber 4g	16%		
Sugars 8g			
Protein 10g			
Vitamin A 0%	Vitamin C 0%		
Calcium 6%	Iron 20%		
Thiamin 26%	Riboflavin 16%		
Niacin 13%	Folic Acid 20%		
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		320g	375g
Dietary Fiber		25g	30g

ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT BRAN, WHEAT GLUTEN, CRACKED WHEAT, SOYBEAN OIL, SALT, HONEY, RYE MEAL, OAT BRAN, MOLASSES, BARLEY, SODIUM STEAROYL LACTYLATE, CALCIUM PROPIONATE (PRESERVATIVE), MONOGLYCERIDES, CALCIUM SULFATE, SOY LECITHIN.

NET WT 23 OZ (1LB 7 OZ) 652g /// KOSHER: KOF K PARVE // RSTR3336