

Lacey Swiss Cheese

Nutrition Facts

Serv size 1 oz (28g)
 Servings varied

Calories 90
 Fat cal 50

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 6 g	9%	Total carb 0 g	0%
Satfat 4 g	20%	Fiber 0 g	0%
Trans fat 0 g		Sugars 0 g	
Cholest 15 mg	6%	Protein 9 g	18%
Sodium 35 mg	1%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 6% • Vitamin C 0% • Calcium 25% • Iron 0%

Lacey Swiss Cheese (Low sodium 25% reduced fat): Pasteurized part skim milk, cheese culture, salt, enzymes, vitamin A (not found in regular Swiss cheese)