

Wheat Stub Pullman

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PC-8654-02 CT LIC. 3813

Nutrition Facts	
Serving Size 2 slices (44g)	
Servings Per Container 14	
Amount Per Serving	
Calories 110	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 4g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% • Iron 15%	
Thiamin 25% • Riboflavin 10%	
Niacin 15% • Folic Acid 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, SALT, SOYBEAN OIL, MONOGLYCERIDES, CALCIUM PROPIONATE (PRESERVATIVE), CARAMEL COLOR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, SOY LECITHIN, CALCIUM PHOSPHATE.

FR5-0007-02 RSTR5062

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