



**Farm Rich® French Toast Sticks with Whole Grains**

 **37717** 

**Nutrition Facts Amount per School Serving**

Serving Size 2 sticks = 2 bread credits

Pack Size: 6/2 lb.

		Amount per Serving			
Calories 210		Calories from Fat 70			
% Daily Value*					
<b>Protein</b>	4g		Vitamin A	327IU	4%
<b>Total Fat</b>	7g	11%	Vitamin C	2.7mg	6%
Saturated Fat	1g	5%	Calcium	87mg	4%
Trans Fat	0g		Iron	2.0mg	10%
<b>Cholesterol</b>	0mg	0%	Thiamin	0.21mg	15%
<b>Sodium</b>	250mg	10%	Riboflavin	0.22mg	15%
<b>Total Carbohydrate</b>	33g	11%	Niacin	2.4mg	10%
Dietary Fiber	2g	8%	Vitamin B6	0.08mg	4%
Sugars	9g		Folate	40.5mcg	10%

Number of sticks per pound of product:

12.6

Weight per stick, average:

35.75 grams

**Enriched flour content of product:**

15.74 grams/stick

1 bread serving = 14.75 grams enriched flour

**Two Sticks = Two Bread Credits**

We certify that the above information is true and correct.



Raymond L. Jones

Vice President, Food Safety and Shrimp Procurement

December 13, 2006

P.O. Box 20670 St. Simons Island, GA 31522 1-800-654-9731

Product Code	Label	Net Weight	Case Pack	Case Weight
37717	Farm Rich	32 oz (2 lbs)	6/2 lbs	12 lbs

DESCRIPTION: "Better for You" French Toast sticks

**PRINCIPAL DISPLAY PANEL**

1. COMMON OR USUAL NAME: French Toast Sticks made with whole grains

**INFORMATION PANEL:**

1. INGREDIENTS:

Bread (whole wheat flour, water, enriched bleached flour [wheat flour, malted barley flour, niacin, iron, thiamine mononitrate {Vitamin B1}, riboflavin {Vitamin B2}, folic acid], high fructose corn syrup, yeast, wheat gluten, vegetable oil [soybean and/or cottonseed oils], contains 2% or less of each of the following: calcium sulfate, salt, yeast nutrients [monocalcium phosphate, calcium sulfate, ammonium sulfate], dough conditioners [may contain one or more of the following: mono- and diglycerides, ethoxylated mono- and diglycerides, ascorbic acid, enzymes, azodicarbonamide], corn starch, calcium propionate [preservative], guar gum, niacin [vitamin B3], pyridoxine hydrochloride [vitamin B6], riboflavin [vitamin B2], thiamin mononitrate [vitamin B1], vitamin A palmitate, calcium, reduced iron, Vitamin D3, soy lecithin, soy flour), water, soybean oil, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, contains 2% or less of each of the following: artificial flavor, dextrose, dried egg, dried whey, gelatinized wheat starch, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate), modified wheat starch, nonfat dry milk, oleoresin paprika, salt, soy lecithin, soy flour.

**Contains wheat, soy, egg, milk.**